



Burritos are a great way to pack a delicious breakfast in a compact way. The perfect meal for those on the go mornings. This Baja Burrito gives your breakfast some added flare.

## Timing

Prep time	Total time	Skill level
20 mins	28 mins	Easy

## What You'll Need

- > 1 Tbsp. olive oil
- > ½ cup Red Sun Farms® grown bell peppers, seeded, diced
- > ½ cup onions, diced
- > 1 cup black beans, drained, rinsed
- > ½ cup Red Sun Farms® tomatoes, diced
- > 1 cup fresh spinach
- > 1 cup salsa
- > 6 large eggs, scrambled, cooked until firm
- > 4 whole wheat tortillas
- > ½ avocado, sliced
- > 12 Red Sun Farms® cucumber slices

## Directions

1. Heat oil in nonstick skillet over medium-high heat; add peppers and onions, and cook 5 minutes, or until tender and lightly browned. Add beans, tomatoes and spinach, and cook 2 minutes, stirring occasionally, until beans are heated through. Remove from heat and mix in salsa.
2. Assemble tortillas by adding eggs, bean/vegetable mixture, avocado and cucumber.